

COMPRESSIONS SOCKS

STEP 1 Diagnosis

- Venous Insufficiency
 - Varicose Veins
 - Spider Veins
 - Edema
- Lymphedema
- Deep Vein Thrombosis (DVT)

STEP 2 Compression Level

- 20-30 mmHg
- 30-40 mmHg
- At Fitter's Discretion

Other Dx:

STEP 3 Type

- Knee High
- Thigh High
- Pantyhose
- Arm Sleeve
- At Fitter's Discretion

CUSTOM ORTHOTICS

STEP 1 Diagnosis

- Hallux Valgus
- Plantar Fasciitis
- Hyperpronation
- Metatarsalgia
- Neuroma
- Osteoarthritis
- Pes Planus
- Pes Cavus

Other Dx:

STEP 2 Recommendations

- Orthotics

ORTHOPEDIC BRACING

BRACE/SPLINT FOR: Left Right Bi-lateral

WRIST / THUMB

- Carpal Tunnel Syndrome
 - Day
 - Night
- Tendonitis
- De Quervain's Tenosynovitis
- CMC (Basal OA)
- Fracture:

NECK / SHOULDER

- Postural Kyphosis
- Rotator Cuff Injury
- Dislocated Shoulder
- Clavicle Fracture
- Neck Strain

Other Dx:

BACK

- Lumbar Strain/Sprain
- Degenerative Disc Disease
- Sciatica
- Stenosis
- SI Joint Dysfunction

ELBOW

- Epicondylitis
 - Med
 - Lat
- Ulnar Neuropathy
 - Day
 - Night
- Bursitis

KNEE

- Ligament Injury
 - ACL
 - MCL
 - PCL
 - LCL
- Meniscus Injury
 - Med
 - Lat
- Popliteal Bursitis (Bakers Cyst)
- Patellofemoral Syndrome
- Osgood Schlatter

ANKLE

- Sprain
 - Acute
 - Chronic
- Tibia/Fibula Fracture
- Achilles Tendonitis/Tear

FOOT

- Plantar Fasciitis
- Heel Spurs
- Metatarsal Fracture
- Drop Foot

PAIN RELIEF

- TENS Unit
- Reusable Ice / Heat Pack
- Cold Therapy Unit
- Post Op Shoulder Abduction Sling
- Crutches
- Walking Boot

HIP & KNEE OSTEOARTHRITIS

STEP 1 Diagnosis

KNEE OSTEOARTHRITIS

- Mild
- Moderate
- Severe
- Medial
- Lateral
- Patella Femoral

HIP OSTEOARTHRITIS

- Mild
- Moderate
- Severe

STEP 2 Recommendations

- OA Knee Bracing
- Hip Unloader
- Patella Tracking Brace
- At Fitter's Discretion

OSTEOARTHRITIC BRACING

- ▶ 30-40 minute consultation
- ▶ Bring shorts or wear ones provided
- ▶ Bring X-ray report if available
- ▶ Walk-ins always welcome

BRACE FOR: Left Right Bi-lateral

PHYSIOTHERAPY

Diagnosis

CHIROPRACTIC

Diagnosis